

Introducing the National Center on Advancing Person-Centered Practices and Systems

Updated September 2019



The National Center on Advancing Person-Centered Practices and Systems (NCAPPS) is a new initiative from the Administration for Community Living and the Centers for Medicare & Medicaid Services that helps States, Tribes, and Territories implement person-centered thinking, planning, and practice in line with U.S. Department of Health and Human Services policy.

In the past 30 years, the support systems for older adults and people with disabilities have changed dramatically. In that time, long-term services and supports have generally moved to embrace person-centered values which are dedicated to the idea that individuals should have the power to define and pursue their own vision for a good life. However, many systems still struggle to put person-centered principles into practice and deliver on these commitments.

NCAPPS helps systems make person-centered principles more than just a goal. We want to ensure they are a reality in people's lives.



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NCAPPS will:

- Provide in-depth, practical **technical assistance** to States, Tribes, and Territories
- Create **communities of practice** to promote broad-based learning and sharing of best practices
- Hold educational **webinars** that will be open to the public
- Develop a **national clearinghouse of actionable, up-to-date resources**
- Integrate the voice of **people with lived experience** of disability

What is person-centered thinking, planning, and practice?

- **Person-centered thinking** focuses language, values, and actions toward respecting the views of the person and their loved ones. It emphasizes quality of life, well-being, and informed choice.
- **Person-centered planning** is directed by the person with helpers they choose. It is a way to identify and recognize the choices and interests that make up a good life and identify the supports (paid and unpaid) needed to achieve it.
- **Person-centered practices** are present when people have the full benefit of community living and supports are designed to assist people as they work toward their desired life goals.

What types of technical assistance and resources does NCAPPS offer?

NCAPPS will provide technical assistance to States Tribes and Territories, and produce resources for the public that discuss implementing effective and practical person-centered practices by:

- Reforming long-term service and support (LTSS) systems
- Working across systems and programs to integrate rules, regulations, and policies to promote person-centered practices
- Engaging service users and families to create high expectations for services and supports
- Adapting payment systems to incentivize person-centered practice
- Enhancing cultural and linguistic responsiveness
- Measuring person-centered processes and outcomes to evaluate impacts
- Using technology to enhance person-centered practices



Who's involved?

NCAPPS is funded by the Administration for Community Living (ACL) and by the Centers for Medicare & Medicaid Services (CMS). It is run by the Human Services Research Institute (HSRI).

Engaging people with lived experience is at the heart of all NCAPPS activities. A Person-Centered Advisory and Leadership Group composed of national experts with lived experience receiving long-term services and supports oversees and contributes to all aspects of NCAPPS.

HSRI is partnering with leading national organizations to ensure the work is relevant and effective.

NCAPPS Partner Organizations

- National Association of State Head Injury Administrators (NASHIA)
- Advancing States
- National Association of State Directors of Developmental Disabilities Services (NASDDDS)
- National Association of State Mental Health Program Directors (NASMHPD)
- National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD)
- National Association of Medicaid Directors (NAMD)

